

National Child Measurement Programme Results

2016/17 Summary for Alpington & Bergh Apton CE VA Primary School

Participation Rates

In 2016/17:

Your School:	96% of Reception Class took part
Norfolk average:	97% of Reception Class took part

Your School:	94% of Year 6 took part
Norfolk average:	96% of Year 6 took part

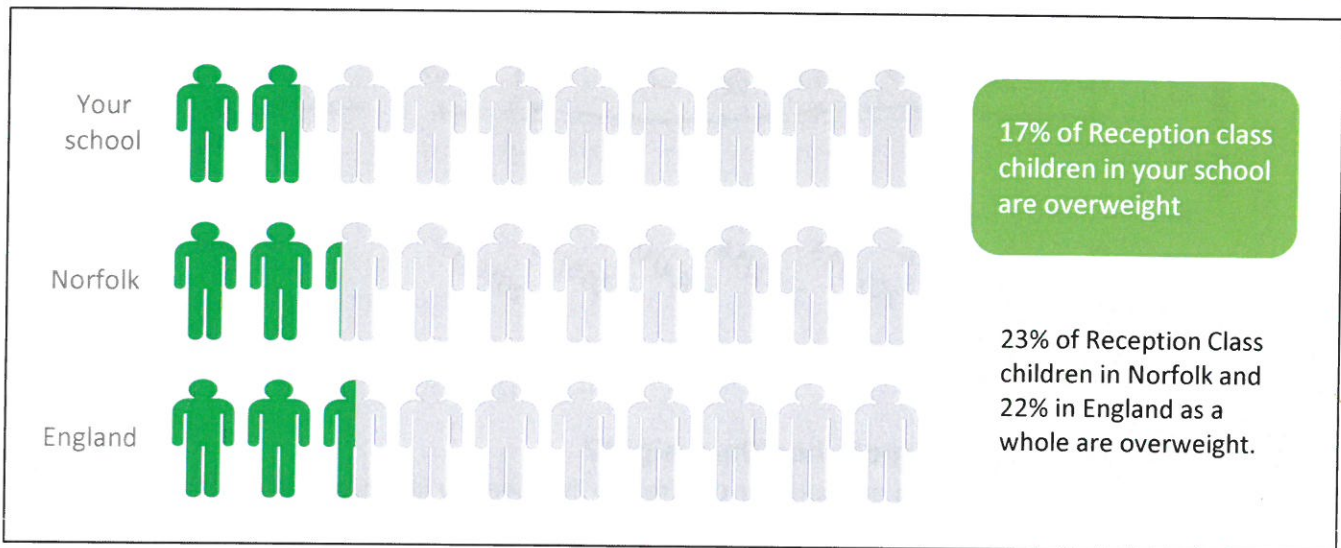
Your school had very good measurement coverage among Reception Class

Your school had good measurement coverage among Year 6 children last year.

We are keen to work with you to achieve similarly high coverage in future years.

Children aged 4-5 measured as overweight (including very overweight)

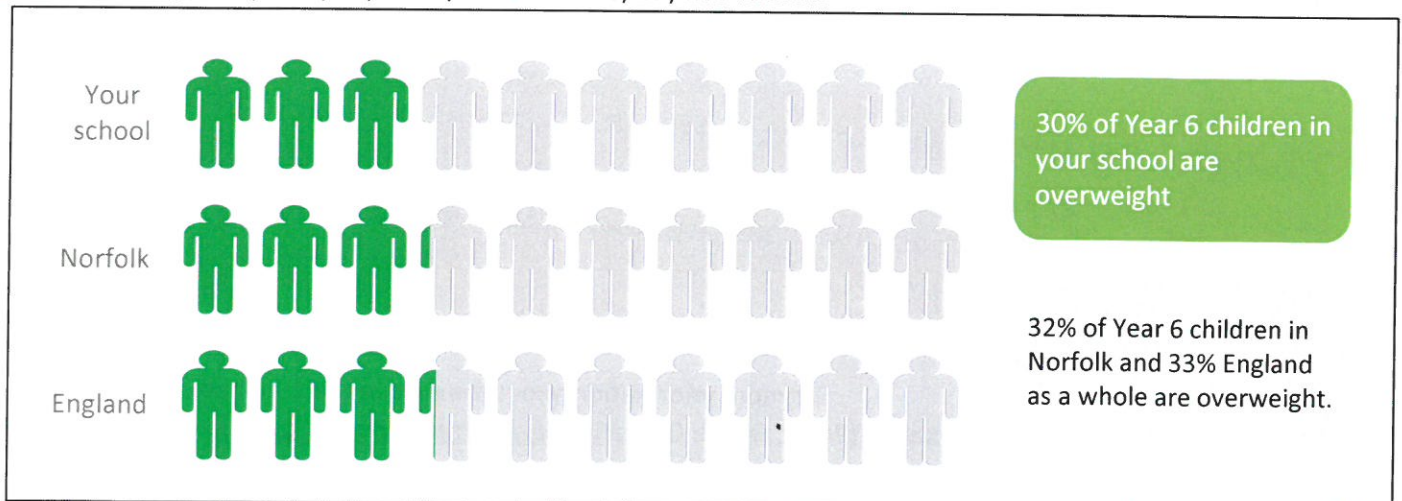
The last three years (2014/15, 2015/16 and 2016/17) has shown:



Note: When compared to other schools in England, the proportion of Reception class children with excess weight in your school is not statistically significantly different to the national average.

Children aged 10-11 measured as overweight (including very overweight)

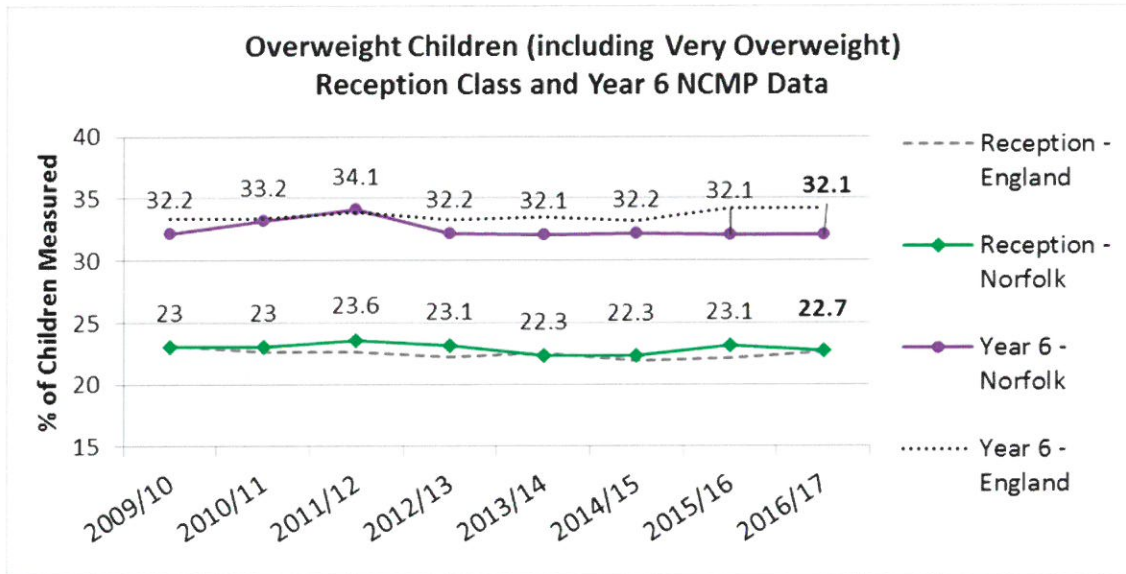
The last three years (2014/15, 2015/16 and 2016/17) has shown:



Note: When compared to other schools in England, the proportion of Year 6 age children with excess weight in your school is not statistically significantly different to the national average.

Children with Excess Weight - Trends and Patterns

Last year the proportion of Reception children in Norfolk who were overweight was similar to the national average. The proportion of Year 6 children who are overweight is below the national average (see graph below).



What can your school do to promote healthy weight?

We need to make sure we continue to support our children to live healthy lifestyles with balanced diets and plenty of physical activity. To find out more about what your school can do to promote healthy weight and to access free resources please visit this website:

<http://www.nhs.uk/change4life/Pages/schools-partners.aspx>

The Children and Young People's Health Services Norfolk team (commissioned by Norfolk County Council and provided by Cambridgeshire Community Services NHS Trust) provide weight management support and advice for children and their families across Norfolk. To discuss what you can do to promote healthy weight in your school, please contact them on 0300 300 0123.

Thanks again for taking part in NCMP, it helps us to track trends in childhood obesity, plan services and make sure that this important issue continues to be addressed. We can't do it without you and we thank you in advance for your involvement again next year.

For more information about the data in this summary please contact:
Sara Karrar (Public Health Officer) at sara.karrar2@norfolk.gov.uk or 01603 638419