



## School Sports Premium 2019 - 2020

Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport you offer.

This means that you should use the premium to:

- develop or add to the PE and sport activities that your school already offers
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

There are 5 key indicators that schools should expect to see improvement across:

- the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- the profile of PE and sport is raised across the school as a tool for whole-school improvement
- increased confidence, knowledge and skills of all staff in teaching PE and sport
- broader experience of a range of sports and activities offered to all pupils
- increased participation in competitive sport

Under the Ofsted Schools Inspection Framework, inspectors will assess how effectively leaders use the Primary PE and Sport Premium and measure its impact on outcomes for pupils, and how effectively governors hold them to account for this. Schools are required to publish details of how they spend this funding as well as on the impact it has on pupils' PE and sport participation and attainment.

ALPINGTON & BERGH APTON CE VA PRIMARY SCHOOL – SPORTS PREMIUM ACTION PLAN 2019-2020



PE Co-ordinator: Laura Betts

Reviewing and supporting the planning of Sports Premium Spend Action Planning: Teresa Osborne (Headteacher)

Governor with responsibility for Sports Premium Spending:

Amount of Sports Premium Grant 2019 – 20: £17 070

Carried forward from 2018-19: £7858

Total to spend: £24 928

Objectives of the school sports premium	Link to SIDP
<p>To raise and sustain aspiration and achievement throughout the curriculum by offering highest quality PE teaching in school and access to a wide range of health and sporting opportunities.</p> <p>We will do this by:</p> <ul style="list-style-type: none"> <li>• Ensuring First Quality PE teaching in school for all</li> <li>• Offering of a wide range of sporting &amp; exercise related opportunities in and out of school including participation in competitive sports</li> <li>• Increasing participation of attendance at a school club or competition and supporting access to external Sports Clubs especially for the less engaged</li> <li>• Providing opportunities for pupils and families to learn about healthy eating &amp; healthy living</li> <li>• Enabling the lowest ability in Swimming are further supported to reach 25m</li> <li>• Raising aspiration and ensuring opportunities are given which will stretch the most able.</li> <li>• Providing support and services for pupils with emerging mental health issues</li> <li>• Well-being support for staff</li> </ul>	<p>To promote good mental health in children:</p> <ul style="list-style-type: none"> <li>• Expand opportunities for exercise &amp; sport - holiday clubs, development of additional activities in PE</li> <li>• Ensuring opportunities to succeed in different areas – music, the arts, outdoor learning as well as in more academic subjects by creating an exciting curriculum enhancing imagination and love of learning</li> <li>• Promote healthy attitudes towards food and body image</li> <li>• Provision of nurture groups and therapists</li> </ul> <p>To ensure the school provides outstanding PE and Sports Provision and this is embedded throughout the whole of school life – health related activities and sport improves mental health which has a positive impact on attainment throughout the school</p> <ul style="list-style-type: none"> <li>• Ensuring all PE provision space is used to its full potential</li> <li>• Improving teacher confidence in delivering high quality gymnastics and dance</li> <li>• Ensuring every child reaches the minimum standard of 25m in swimming by the end of KS2</li> <li>• Extending opportunities to offer a diverse range of sporting and outdoor adventure activities in a variety of settings</li> <li>• Providing opportunities to develop healthy lifestyles eg: healthy eating cooking, holiday sports clubs</li> <li>• School staff provide a role model for healthy life styles</li> </ul>
Evidence of success	How will it be monitored
<p>High quality PE teaching and lessons are good or outstanding in their provision. All pupils are participating with instances of missing PE minimal. There is a clear progression of skills, leading to games and specific sport studies in Upper KS2.</p>	<p>Reviews of spending and objectives being delivered will be monitored termly by the PE coordinator and reported to HT. The HT will deliver a review to the Governing Body termly and the governor with responsibility for Sports Premium will visit the school twice yearly to meet with the PE coordinator to review progress, examine evidence and visit provision.</p>
<p>Pupils are engaged and motivated to learn in PE lessons. Behaviour in lessons is excellent and pupils work towards leading parts of the lesson</p>	<p>Lesson Observations and pupil feedback</p>
<p>Pupils are able to make healthy lifestyle choices in and out of PE lessons. % of obese pupils at YR and Y6 is below national averages</p>	<p>Audit of clubs attended in and out of school. Healthy snacks extended to KS2 at break times. Healthy eating planned into DT lessons – focus on savoury foods.</p>
<p>Increasing range of sports activities offered and a high number of children continue to attend clubs and represent the school.</p>	<p>End of year audit</p>

All children leave KS2 achieving 25m

Key achievements to date	Areas for further improvement
<p><b>High quality PE provision to all pupil</b> – 1 hour + provided by ProCoach – which includes regular competitive games at the end of a unit</p> <p><b>A new long-term plan</b> in place for KS1 and Lower KS2. KS1 are following a skills based curriculum, Lower KS2 will be following a skills based with elements of sports</p>	<p><i>Competitive elements in houses to continue for KS2.</i></p> <p><i>Top-up PE through Cosmic yoga – classes to slot in sessions when they can.</i></p> <p><i>Long term plan for KS2 to be up dated with Objectives/skills/assessment by the end of the year.</i></p>
<p><b>Years 5 and 6 making use of outdoor and adventurous learning at Whitlingham and Brancaster</b></p> <p>Includes: rock climbing, abseiling, canoeing, rafting, archery and orienteering</p>	<p><i>Continue these and broaden opportunities to all KS2 children</i></p> <p><i>Make use of parental specialities and skills e.g. England Netball Coach</i></p>
<p><b>Eagles children regularly leading parts of lessons</b></p> <p>Owls are <b>‘playground buddies’</b> who run activities to help children active, included and happy.</p>	<p><i>Possibility of these children leading KS1 lessons.</i></p> <p><i>Present play buddies to ‘teach/coach’ new buddies in the summer term.</i></p>
<p><b>Participation in a wide range of competitive competitions</b></p> <p>2018 – 2019 : KS2 children taking part in competitive sports through school 76%</p> <p>KS1 100% (dance event)</p>	<p><i>To increase the % of children who participate in competitive sports through school – the SSCO and cluster have planned more sporting opportunities for Y3/4 and are also planning a KS1 event each term.</i></p> <p><i>PE coordinator to track the children’s participation to try and offer more opportunities to all children.</i></p>
<p><b>2018 – 2019 Participation in competitive sports through school</b></p> <p>Participated in 13 different sporting events from basketball – netball – football – tennis-dance – multi-sports.</p> <p>Achievements:</p> <p>2 children reached county finals for Cross Country (2 girls).</p> <p>18 children represented cluster at cross country.</p> <p>2 children represented cluster at swimming.</p> <p>Won cluster: basketball &amp; athletics event at the UEA.</p>	<p><i>Continue to offer wide range of sporting events to all children in KS1 and KS2</i></p> <p><i>Increase KS1 opportunities in Spring and Summer term (Speak to SSCO)</i></p> <p><i>Take B team (2 teams) to games</i></p>

<p><b>School participation in extra-curricular clubs (in school) 2018 - 19</b>  Tennis (Y1 – 5) 11% uptake  Gymnastics KS1 39% uptake KS2 30% uptake  Little Ones Football 40% uptake  Pro Coach Multi sports 59% uptake  Breakfast Club – 17% uptake from school  52% of KS1 attend school run club – down from previous year  83% of KS2 attend a school run club</p>	<p><i>Widen the range of sports offered to children – possibility of different after-school clubs in school. Promote children to attend gym/tennis outside of school in specialised local clubs.</i>  <i>New club – Harriet May to begin in Autumn 2019</i></p>
<p><b>Extra-Curricular (Not provided by school)</b>  <b>84% of pupils attended a club outside of school.</b>  <b>10 did no club outside of school.</b>  <b>Of these 10 pupils only 1 child does not do a club inside or outside of school.</b></p> <p><b>Highest participation:</b>  Swimming 41/64 (64%)  Football 15/64 (23%)  18 different sports ranging from cheerleading/hockey/netball/Kung Fu/dance/climbing/horse riding  23/55 are children attending clubs promoted by the school (42%) – this includes teachers giving information or clubs promoted on the sports board.</p>	<p><i>Increase the number of children who participate in clubs which are not swimming</i></p> <p><i>Promote other clubs through a wider range of coaches in class, clubs after school and through varied posters on the sports board.</i></p>
<p><b>100% of pupils can swim 25m by the end of Y6</b></p>	<p><i>Ensure additional swimming is offered to those children who cannot swim 25m by the end of KS2.</i></p>
<p><b>Sustainable equipment brought and used effectively in lessons</b>  Includes new school hall, crash mat, springboards, badminton etc.</p>	<p><i>Ensure staff are trained effectively to use the wall bars in gymnastics. and</i></p>

<b>Meeting national curriculum requirements for swimming and water safety 2016-17</b>	
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	100%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	100%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	100%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	Yes/No

## So where do we go from here?

<b>Academic Year:</b> 2019/20	<b>Total fund allocated:</b> £17 070	<b>Date Updated:</b> October 2019		
<b>Key Indicator 1:</b> Engagement of ALL pupils in physical activity – the Chief Medical Officer guidelines recommend 30 minutes of physical activity a day in school Improve pupil mental health, incl SLT				Percentage of Allocation:
<b>School focus</b> with clarity on intended <b>impact on pupils</b>	<b>Actions to achieve</b>	<b>Funding/Time allocation</b>	<b>Evidence and Impact</b>	<b>Next Steps and Sustainability</b>
<p><i>Lunchtime clubs by 'KS2 buddies' will provide extra 30 minutes to pupils.</i></p> <p><i>Target children for C4L clubs who do not do any after-school clubs OR children low confidence and self-esteem in class.</i></p> <p><i>Break time activities encourage more active participation by children</i></p> <p><i>Calm life Therapist appointed to work with targeted pupils</i></p> <p><i>Independent Speech Therapist to enable child to maintain good mental health</i></p>	<p><i>Train new 'buddies' so they are clear on the activities and games.</i></p> <p><i>Data and registers to analysed by LB; Questionnaire to children to find out participation outside of school. Discuss with teachers who needs boost in confidence.</i></p> <p><i>TAs and teachers to run activities e.g. skipping and shooting activities at break time. Link with 'personal challenge' on Sports Mark criteria.</i></p> <p><i>Ensure internet access in hall.</i></p> <p><i>Regular therapeutic sessions take place in school – enables parents to gain easy access while waiting for possible longer appointments with Point 1 and CAMHS</i></p>	<p><i>2. 5 hours pw x 39 weeks</i></p> <p><i>2. 5 hours pw x 39 weeks</i></p> <p><i>1.5 hours pw £30</i></p> <p><i>£500</i></p>	<p><i>Pupil Questionnaire – ask about break times.</i></p> <p><i>Enjoyment, participation and safety in activity is increased with fewer incidents in break/lunchtime book</i></p> <p><i>% of children participating in 30 minutes a day (PE and in-school clubs) will increase in both KS1 and KS2.</i></p> <p><i>Pupil's mental health and participation in life ling learning, incl sports improves</i></p>	

<b>Key Indicator 2: Raise the profile of PE across the school</b>				
<b>School focus</b>	<b>Actions to achieve</b>	<b>Funding/Time allocation</b>	<b>Evidence and Impact</b>	<b>Next Steps and Sustainability</b>
<p><i>'Healthy living week' to promote Sport, PE and healthy living will teach and encourage children and parents about the positive effects of keeping healthy.</i></p> <p><i>Pupils continue to write competition news reports for newsletters &amp; sports board. EP to upload to website. - this inspires children to participate and support the sporting endeavours of their peers.</i></p> <p><i>Increase competition and sporting opportunities for KS1 – encouraging lifelong participation from early age.</i></p> <p><i>ProCoach and teachers to continue to provide opportunity for house competitive games in lessons – house points collected for overall winning sports team at the end of the year – this will encourage all to work as a team for collective goal.</i></p> <p><i>Pupils have access to a high quality and safe surface which increases their capacity to play team games and competitive sport as well as improved provision during break times</i></p> <p><i>Purchase of new equipment for including goal posts, pumps new airflow balls and shuttlecocks</i></p>	<p><i>Sponsored run – each class to run for a certain time – how far can we run.</i>  <i>School council to design the sponsor form and write the letter home.</i>  <i>Ingredients bought for cooking/smoothies.</i></p> <p><i>Different children chosen to write the reports. LB to put onto sports board/EP to upload onto website with pictures.</i></p> <p><i>SSCO for cluster has organised at least 1 sporting event per term this year.</i></p> <p><i>Street dance introduced as a club from Autumn 2019</i></p> <p><i>Results to be given to LB.</i>  <i>Collated and totalled for end of year Leavers assembly</i></p>	<p><i>£150</i></p> <p><i>£591</i></p> <p><i>£2280</i></p> <p><i>£15</i></p> <p><i>£621.12</i></p>	<p><i>Feedback from children and parents should be positive.</i></p> <p><i>Children keen to take part and report back to school and parents. Results and PE news are promoted to parents – feedback given from parent questionnaire.</i></p> <p><i>KS1 data is improved.</i></p> <p><i>Winning team announced at Leaver's assembly.</i></p> <p><i>During the winter months pupils are able to access a suitable space for breaktime activities – less "bored" behaviours</i>  <i>Pupils' opportunities to take part in PE and competitive sports increases</i>  <i>Community use of the facilities is taken up</i></p>	

Dodgeball set Gym mats Sandbags Sand etc				
---	--	--	--	--

**Key Indicator 3: Increase the confidence, knowledge and skills of all the staff in teaching PE and sport**

School focus	Actions to achieve	Funding/Time allocation	Evidence and Impact	Next Steps and Sustainability
<p><i>New long term plan for KS1 is implemented – this will have key success criteria, suggested tasks, progression and assessment foci. Development of KS2 plan in same format by end of the year</i></p> <p><i>CPD in gymnastics particularly using the wall bars.</i></p> <p><i>TAs trained for delivery of ‘nurture’ workshops to improve children’s mental strength and self-esteem.</i></p> <p><i>Improved and more robust equipment adds to greater pupil participation active learning both during curriculum and break times</i></p> <p><i>To support pupils’ learning and understanding of healthy eating</i></p>	<p><i>LTP delivered by PC and LBe – evaluated each term (find time to meet with PC).</i></p> <p><i>Teachers to attend CPD sessions offered by the cluster.</i></p> <p><i>Book TAs onto courses specific to the children’s needs.</i></p> <p><i>Regular nurture group sessions take place for targeted pupils</i></p> <p><i>Replace worn and broken equipment</i></p> <p><i>Equipment checks thro sportsafe and remedial action</i></p> <p><i>Update cooking equipment and equipment such as items to measure pulse</i></p>	<p><i>£150</i></p> <p><i>£130</i></p> <p><i>£760</i></p> <p><i>£250</i></p> <p><i>£308</i></p> <p><i>£100</i></p>	<p><i>Teachers’ confidence in delivering PE is seen. Children enjoying a wider range of role models and lessons.</i></p> <p><i>Teacher’s delivering effective gymnastics lessons. Wall bars used frequently for high quality lessons.</i></p> <p><i>Children’s self-esteem and confidence is boosted in class.</i></p> <p><i>Increased enjoyment and participation</i></p> <p><i>All pupils to participate in healthy cooking activities</i></p>	



<p>For adults to know understand the ways to keep children physically safe</p> <p>Coaching sessions to increase skills of staff as well as pupils</p>	<p>Upskill all staff Step Up and step On training</p>	<p>£715 = £390 £1105</p> <p>£2340</p>	<p>The staff at Alpington are able to deal with emergencies involving adults and children</p>	
---	---	---	---	--

<p><b>Key Indicator 4: Broaden the range of sports and activities offered to pupils in and out of lessons</b></p>				
---	--	--	--	--

School focus	Actions to achieve	Funding/Time allocation	Evidence and Impact	Next Steps and Sustainability
<p>KS1 plan and new Lower KS2 plan ensure that a range of skills are being taught – this will ensure children are being exposed to a broader range of sports.</p> <p>Broaden the range of sports offered for extra-curricular clubs in school – this will provide children with greater opportunity to try new sports.</p> <p>Make use of: UEA Sportspark (climbing &amp; Spring Gymnastics) and Whitlingham (adventure activities and skiing).</p> <p>Improve pupils' ability and opportunity to be active at break times.</p> <p>Harriet May Performing Arts club to begin Autumn 2019</p>	<p>New plan implemented by LBe and Pro Coach.</p> <p>Involve outside coaches to provide expert classes and clubs. Funky feet dance (Autumn) C4L – Miss Betts (Spring) KS1 Multi – skills (Summer)</p> <p>KS1 Spring gymnastics (Spring?) Find suitable time for KS2 to go skiing (Age 7+) /Whitlingham</p> <p>Top up bark under climbing apparatus Repairs to trim trail equipment</p> <p>RA in place, letters out to parents.</p>	<p>Skiing £8pp (1 hour) or £45pp for 6 hours</p> <p>£1000 £100</p>	<p>Pupil Questionnaire – have they enjoyed these lessons? Has it encouraged them to try new sports outside of school? 0</p> <p>Children attending these local facilities outside of school hours (Survey to be conducted)</p> <p>These factors will increase lifelong participation</p> <p>Fewer first Aid incidents</p> <p>Reaching out to different children – promoting club outside of school too. Broaden the sports provided.</p>	

<b>Key Indicator 5: Increased participation in competitive sport</b>				
<b>School focus</b>	<b>Actions to achieve</b>	<b>Funding/Time allocation</b>	<b>Evidence and Impact</b>	<b>Next Steps and Sustainability</b>
<p><i>To continue to support the role of the Cluster Sports Organiser, which will support and maintain children's engagement and participation in competitive sport – this year, there is a focus on offering more competitions to Y3/4 and KS1.</i></p> <p><i>ProCoach and teachers to provide opportunity for house competitive games in lessons – house points collected for overall winning sports team at the end of the year.</i></p>	<p><i>Attend Cluster Sports Meetings.</i></p> <p><i>Arrange fixtures outside of school hours to minimise disruption and enable staff to supervise.</i></p> <p><i>Transport needed to go to fixtures/events. Results to be given to LB.</i></p> <p><i>Purchase trophies and medals</i></p>	<p>£855</p> <p>£1498 Mar18 to Mar 19</p> <p>£337.45</p>	<p><i>All children in the school to participate in competitive sports throughout the year.</i></p> <p><i>Overall winning team announced at Leavers assembly in Summer Term.</i></p> <p><i>Increased motivation</i></p>	
<b>Key Indicator 6: Additional swimming</b>				
<p><i>To provide additional swimming provision targeted to pupils not able to meet the swimming requirements of the national curriculum.</i></p>	<p><i>To utilise our swimming coach to work alongside staff.</i></p> <p><i>Assessments made by swim coach and given to LBe.</i></p> <p><i>TAs to accompany swimmers</i></p>	<p>£175</p> <p>£240</p>	<p><i>All children can swim the National standard of 25m by the end of Y6.</i></p>	