

SPRING/SUMMER 2018 MENU

ALPINGTON & BERGH APTON PRIMARY

FRIDAY	THURSDAY	WEDNESDAY	TUESDAY	MONDAY
<p>Breaded Fish Fingers</p> <p>(v) Cheese and Tomato Quiche</p> <p>Garden Peas or Baked Beans</p> <p>Peach Melba Cupcake - NEW</p>	<p>Italian Beef Lasagne with Herby Bread</p> <p>(v) Vegetarian Bean Chilli with Steamed Rice</p> <p>Crunchy Mixed Salad</p> <p>Fruit and Jelly</p>	<p>Roast Chicken with Stuffing</p> <p>(v) Quorn Chipolatas with Stuffing</p> <p>Roast Potatoes</p> <p>Spring Greens, Carrots and Gravy</p> <p>Fresh Fruit Salad with Natural Yoghurt</p>	<p>Lamb Meatballs in a Sweet Pepper Sauce - NEW</p> <p>with Steamed Rice</p> <p>(v) Italian Bean Bake</p> <p>Garden Peas and Carrots</p> <p>Brownie Slice</p>	<p>Hand-Made Cheese and Tomato Swirl with Pasta Salad</p> <p>(v) Sweet Potato and Lentil Curry with Steamed Rice</p> <p>Sweetcorn</p> <p>Vanilla Ice Cream</p>
<p>Crispy Fish Fillet</p> <p>(v) Spanish Omelette</p> <p>Garden Peas or Baked Beans</p> <p>Marble Cake - NEW</p>	<p>Mediterranean Chicken with Pasta Twists and Garlic Bread</p> <p>(v) Cheese and Potato Pie</p> <p>Crunchy Mixed Salad</p> <p>Fruit Topped Cheesecake</p>	<p>Succulent Roast Pork with Apple Sauce</p> <p>(v) Vegemince Pastry</p> <p>Roast Potatoes</p> <p>Carrots, Broccoli and Gravy</p> <p>Apple and Berry Slice - NEW</p>	<p>Mild Teriyaki Beef with Steamed Rice - NEW</p> <p>(v) Veggie Balls in Tomato Sauce with Pasta</p> <p>Green Beans and Sweetcorn</p> <p>'All Time Favourite' Cornflake Tart with Custard</p>	<p>Breaded Chicken Fillet in a Wrap</p> <p>Jacket Potato Wedges, Crispy Lettuce and Coleslaw</p> <p>(v) Vegetable Enchilada with Steamed Rice and Broccoli</p> <p>Chevy Bar with Melon Slice</p>
<p>Breaded Fish Fingers or Salmon Fingers</p> <p>(v) Garden Vegetable Goujons served with Sweet and Sour Dip - NEW</p> <p>Garden Peas or Baked Beans</p> <p>Chips</p> <p>Apple Flapjack</p>	<p>Mild Chicken Tikka Masala with Savoury Rice and Naan Bread</p> <p>(v) Cheesy Pasta</p> <p>Broccoli</p> <p>Fruit Yoghurt</p>	<p>Traditional Roast Beef with Yorkshire Pudding</p> <p>(v) Vegetarian Shepherd's Pie</p> <p>Mashed Potatoes</p> <p>Spring Greens, Carrots and Gravy</p> <p>Summer Berry Eaton Mess - NEW</p>	<p>Chipolata Sausages</p> <p>(v) Quorn Chipolatas</p> <p>Omelette, Hash Brown</p> <p>Baked Beans</p> <p>Carrot Cake</p>	<p>Margherita Pizza</p> <p>(v) Tortilla Wrap Filled with BBQ Quorn</p> <p>Baby Potatoes</p> <p>Crunchy Mixed Salad</p> <p>Cocoa Shortbread with Orange Wedges</p>

SPRING/SUMMER MENU WEEK 1

Week starting: 19 Feb • 12 Mar • 16 Apr • 7 May
4 Jun • 25 Jun • 16 Jul

SPRING/SUMMER MENU WEEK 2

Week starting: 26 Feb • 19 Mar • 23 Apr • 14 May
11 Jun • 2 Jul • 23 Jul

SPRING/SUMMER MENU WEEK 3

Week starting: 5 Mar • 26 Mar • 30 Apr • 21 May
18 Jun • 9 Jul

Fresh Bread, Fruit, Milk Drink and Water available Daily



Norse
fresh ideas feeding minds



Subject to alteration