

# Worry Stop



Does your child  
get **angry**?

Does your child  
**worry**?

Do their worries impact on their  
**school and home**

Worry Stop provides information and advice for parents/ carers on how you can support your child along with a cup of tea and time to chat with professionals in a friendly and relaxed atmosphere.

LODDON LIBRARY

Thursday 29<sup>th</sup> November

9.30 – 11.30 am

Spaces limited

To book your place text or call Sally on

07825 356836

Or email

[psa@alpington.norfolk.sch.uk](mailto:psa@alpington.norfolk.sch.uk)

Please do not  
bring your  
children