



School Sports Premium 2020 - 2021

Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport you offer.

This means that you should use the premium to:

- develop or add to the PE and sport activities that your school already offers
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

There are 5 key indicators that schools should expect to see improvement across:

- the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- the profile of PE and sport is raised across the school as a tool for whole-school improvement
- increased confidence, knowledge and skills of all staff in teaching PE and sport
- broader experience of a range of sports and activities offered to all pupils
- increased participation in competitive sport

Under the Ofsted Schools Inspection Framework, inspectors will assess how effectively leaders use the Primary PE and Sport Premium and measure its impact on outcomes for pupils, and how effectively governors hold them to account for this. Schools are required to publish details of how they spend this funding as well as on the impact it has on pupils' PE and sport participation and attainment.

ALPINGTON & BERGH APTON CE VA PRIMARY SCHOOL – SPORTS PREMIUM ACTION PLAN 2020-2021



PE Co-ordinator: Laura Betts

Reviewing and supporting the planning of Sports Premium Spend Action Planning: Rosie Welch (Headteacher)

Governor with responsibility for Sports Premium Spending: Chris Mallett

Amount of Sports Premium Grant 2019 – 20: £17 070

Carried forward from 2018-19: £0

Total to spend: £17070

| Objectives of the school sports premium | Link to SIDP |
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| <p>To raise and sustain aspiration and achievement throughout the curriculum by offering highest quality PE teaching in school and access to a wide range of health and sporting opportunities.</p> <p>We will do this by:</p> <ul style="list-style-type: none"> • Ensuring First Quality PE teaching in school for all • Offering of a wide range of sporting & exercise related opportunities in and out of school including participation in competitive sports • Increasing participation of attendance at a school club or competition and supporting access to external Sports Clubs especially for the less engaged • Providing opportunities for pupils and families to learn about healthy eating & healthy living • Enabling the lowest ability in Swimming are further supported to reach 25m • Raising aspiration and ensuring opportunities are given which will stretch the most able. • Providing support and services for pupils with emerging mental health issues • Well-being support for staff | <p>To promote good mental health in children:</p> <ul style="list-style-type: none"> • Expand opportunities for exercise & sport - holiday clubs, development of additional activities in PE • Ensuring opportunities to succeed in different areas – music, the arts, outdoor learning as well as in more academic subjects by creating an exciting curriculum enhancing imagination and love of learning • Promote healthy attitudes towards food and body image • Provision of nurture groups and therapists <p>To ensure the school provides outstanding PE and Sports Provision and this is embedded throughout the whole of school life – health related activities and sport improves mental health which has a positive impact on attainment throughout the school</p> <ul style="list-style-type: none"> • Ensuring all PE provision space is used to its full potential • Ensuring every child reaches the minimum standard of 25m in swimming by the end of KS2 (Covid dependent) • Extending opportunities to offer a diverse range of sporting and outdoor adventure activities in a variety of settings • Providing opportunities to develop healthy lifestyles e.g.: healthy eating cooking, calming techniques, wellbeing, holiday sports clubs • School staff provide a role model for healthy life styles |
| Evidence of success | How will it be monitored |
| <p>High quality PE teaching and lessons are good or outstanding in their provision. All pupils are participating with instances of missing PE minimal. There is a clear progression of skills, leading to games and specific sport studies in Upper KS2.</p> | <p>Reviews of spending and objectives being delivered will be monitored termly by the PE coordinator and reported to HT. The HT and Coordinator will deliver a review to the Governing Body and the governor with responsibility for Sports Premium will visit the school to meet with the PE coordinator to review progress, examine evidence and visit provision.</p> |
| <p>Pupils are engaged and motivated to learn in PE lessons. Behaviour in lessons is excellent and pupils work towards leading parts of the lesson</p> | <p>Lesson Observations and pupil feedback</p> |
| <p>Pupils are able to make healthy lifestyle choices in and out of PE lessons. % of obese pupils at YR and Y6 is below national averages</p> | <p>Audit of clubs attended in and out of school. Healthy snacks extended to KS2 at break times. Healthy eating planned into DT lessons – focus on savoury foods. New curriculum to include links to food, farming and our local area, meaning children are aware of healthy choices and where their food comes from.</p> |

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| Children are mentally happy and know how to deal with emotions and worries. They are clear who they can talk to and techniques they can use to help manage feelings. | RSE curriculum in place and taught in all lessons, both explicitly and as part of topic lessons. Evidence from discussions with children and using tapestry. Wellbeing calming techniques used in class collective worship. |
| Increasing range of sports activities offered and a high number of children continue to attend clubs and represent the school. | End of year audit |
| All children leave KS2 achieving 25m | |

| Key achievements to date | Areas for further improvement |
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| <p>High quality PE provision to all pupil – 1 hour + provided by ProCoach – which includes regular competitive games at the end of a unit</p> <p>A long-term plan is established, evaluated and improved. This includes a skills based curriculum for KS1, this is developed in Lower KS2, and then progressed to games situations for Upper KS2.</p> | <p><i>Competitive elements in houses to continue for KS2.</i></p> <p><i>Top-up PE through Cosmic yoga – classes to slot in sessions when they can.</i></p> <p><i>Long term plan for KS2 to be up dated with Objectives/skills/assessment by the end of the year.</i></p> |
| <p>Planned outing for Years 5 and 6 to make use of outdoor and adventurous learning at Whitlingham and Brancaster</p> <p>Includes: rock climbing, abseiling, canoeing, rafting, archery and orienteering</p> | <p><i>Continue these and broaden opportunities to all KS2 children</i></p> <p><i>Make use of parental specialities and skills e.g. England Netball Coach</i></p> |
| <p>Eagles children regularly leading parts of lessons</p> <p>Owls are ‘playground buddies’ who run activities to help children active, included and happy. (Pre Covid)</p> | <p><i>Possibility of these children leading KS1 lessons OR KS1 children taking responsibility and leadership in their lessons.</i></p> <p><i>Covid: MSA’s to use playground activities at lunchtime to engage children who may be lonely or who are less active.</i></p> |
| <p>Participation in a wide range of competitive competitions</p> <p>2019 – 2020: 100% KS2 children taking part in competitive sports through school – cross country, all Y6 football, all Y3/4 badminton</p> <p>59% of all K2 took part in 2 or more competitions.</p> <p>KS1 – 100% took part in badminton</p> | <p><i>Covid: Participate in virtual events run by LB and PC. These can be open for all children in lesson time rather than the small groups as last year.</i></p> |
| <p>2019 - 2020 Participation in competitive sports through school</p> <p>Pre Lockdown - Participated in 6 different sporting events: basketball, cross country, swimming, football, tag rugby and badminton.</p> | <p><i>Continue to offer wide range of sporting events to all children in KS1 and KS2</i></p> |

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| Achievements: 3 children reached county finals for Cross Country. 14 children represented cluster at cross country. Represented cluster at tag rugby Won our round of the cluster swim gala | <i>Covid: Ensure there are opportunities for competitive games (small sided) throughout each class. Children can be in their school teams and win points for their house, ready for the end of year trophy.</i> |
| School participation in extra-curricular clubs (in school) 2019 – 20 Tennis (Y1 – 5) 10% uptake Gymnastics KS1 35% uptake KS2 19% uptake Pro Coach Multi sports 41% uptake Breakfast Club – 15% uptake from school MPA KS2 – 34% | <i>Tennis no longer taking place in 20/21 so need to find a new club to promote (difficult at Covid times). Promote children to attend clubs outside of school in specialised local clubs through emails, website and sports board.</i> |
| Extra-Curricular (Not provided by school) 86% of pupils attended a club outside of school. 10 pupils do not attend any club outside of school. | <i>Increase the number of children who participate in clubs which are not swimming and football to broaden their horizons. Promote other clubs through a wider range of coaches in class, clubs after school and through varied posters on the sports board.</i> |
| 100% of pupils can swim 25m by the end of Y6 | <i>Ensure additional swimming is offered to those children who cannot swim 25m by the end of KS2.</i> |
| Sustainable equipment brought and used effectively in lessons Includes new school hall, crash mat, springboards, badminton etc. | <i>Ensure staff are trained effectively to use the equipment e.g. gym bars.</i> |

| Meeting national curriculum requirements for swimming and water safety 2016-17 | |
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| What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year? | 100% |
| What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year? | 100% |
| What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year? | 100% |
| Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way? | Yes/No |

So where do we go from here?

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| Academic Year: 2019/20 | Total fund allocated: £17 070 | Date Updated: October 2019 | | |
| Key Indicator 1: Engagement of ALL pupils in physical activity – the Chief Medical Officer guidelines recommend 30 minutes of physical activity a day in school Improve pupil mental health, incl SLT | | | | Percentage of Allocation: |
| School focus with clarity on intended impact on pupils | Actions to achieve | Funding/Time allocation | Evidence and Impact | Next Steps and Sustainability |
| <p><i>Target children for C4L clubs who do not do any after-school clubs OR children low confidence and self-esteem in class.</i></p> <p><i>Break time activities encourage more active participation by children</i></p> <p><i>Calm life Therapist appointed to work with targeted pupils</i></p> <p><i>Sessions for yoga, gross motor skills, sensory circuits, and nurture to provide balance skills and ways to promote wellbeing for targeted children.</i></p> <p><i>Independent Speech Therapist to enable child to maintain good mental health</i></p> <p><i>Fire pit and outside area developed for small group nurture sessions. Supports mental health and wellbeing out in nature gives</i></p> | <p><i>Data and registers to analysed by LB; Questionnaire to children to find out participation outside of school. Discuss with teachers who needs boost in confidence.</i></p> <p><i>TAs and teachers to run activities e.g. skipping and shooting activities at break time.</i></p> <p><i>Regular therapeutic sessions take place in school – enables parents to gain easy access while waiting for possible longer appointments with Point 1 and CAMHS</i></p> <p><i>TAs hired and trained to conduct these sessions. Staff to identify the children who would benefit from targeted support.</i></p> <p><i>EG to plan the area.</i></p> <p><i>Sourcing of equipment by KR.</i></p> <p><i>Used by classes and groups once set up.</i></p> | <p><i>2. 5 hours pw x 39 weeks</i></p> <p><i>£760</i></p> <p><i>£2935</i></p> <p><i>£250</i></p> | <p><i>Pupil Questionnaire – ask about break times.</i></p> <p><i>Enjoyment, participation and safety in activity is increased with fewer incidents in break/lunchtime book</i></p> <p><i>% of children participating in 30 minutes a day (PE and in-school clubs) will increase in both KS1 and KS2.</i></p> <p><i>Children with disabilities or difficulties in PE feel included – should see improvement in participation within lessons. Children have strategies to help the deal with emotional loads.</i></p> | |

| <p>children a sense of calm and also offers them a different yet safe environment.</p> | | | | |
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| <p>Key Indicator 2: Raise the profile of PE across the school</p> | | | | |
| <p>School focus</p> | <p>Actions to achieve</p> | <p>Funding/Time allocation</p> | <p>Evidence and Impact</p> | <p>Next Steps and Sustainability</p> |
| <p><i>'Healthy living week' to promote Sport, PE and healthy living will teach and encourage children and parents about the positive effects of keeping healthy.</i></p> <p><i>Pupils continue to write reports and reviews of PE lessons – each class to put onto their 'in action' page.</i></p> <p><i>Increase competition and sporting opportunities for KS1 – encouraging lifelong participation from early age.</i></p> <p><i>ProCoach and teachers to continue to provide opportunity for house competitive games in lessons – house points collected for overall winning sports team at the end of the year – this will encourage all to work as a team for collective goal.</i></p> <p><i>Purchase of new equipment including goal posts, pumps new airflow balls and shuttlecocks Dodgeball set Gym mats Sandbags Sand etc Children can use these for break times to encourage physical activity during free time.</i></p> | <p><i>Sponsored event for each class to participate in. School council to design the sponsor form and write the letter home. Ingredients bought for cooking/smoothies – link with DT.</i></p> <p><i>Different children chosen to write the reports after each lesson. Teachers to put onto website with pictures taken in the lesson.</i></p> <p><i>SSCO for cluster has organised virtual games for KS1 to participate in.</i></p> <p><i>Results to be given to LB. Collated and totalled for end of year Leavers assembly</i></p> | <p><i>Part of SSCO role</i></p> <p><i>£250</i></p> | <p><i>Feedback from children and parents should be positive.</i></p> <p><i>Children keen to take part and report back to school and parents. Results and PE news are promoted to parents – feedback given from parent questionnaire.</i></p> <p><i>KS1 data is improved with increased participation in competitive games. Questionnaire to show enjoyment of PE and games.</i></p> <p><i>Winning team announced at Leaver's assembly.</i></p> | <p><i>Ensure this is done every year.</i></p> |

| Key Indicator 3: Increase the confidence, knowledge and skills of all the staff in teaching PE and sport | | | | |
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| School focus | Actions to achieve | Funding/Time allocation | Evidence and Impact | Next Steps and Sustainability |
| <p><i>Development of KS2 plan in line with KS1 planning – this gives teachers clear guidance to follow.</i></p> <p><i>New progression grids to be used across all foundation subjects, these will be linked to 'Alpingtoness'!</i></p> <p><i>TAs trained for delivery of 'nurture' workshops to improve children's mental strength and self-esteem.</i></p> <p><i>Improved and more robust equipment adds to greater pupil participation active learning both during curriculum and break times</i></p> <p><i>For adults to know understand the ways to keep children physically safe</i></p> <p><i>Coaching sessions to increase skills of staff as well as pupils</i></p> <p><i>New RSE curriculum taught and reviewed in each class. This will teach children how to lead healthy lives and maintain healthy relationships.</i></p> | <p><i>LTP delivered by PC and LBe – evaluated each term (find time to meet with PC).</i></p> <p><i>Staff meetings to develop the new progression grids. Time for teachers to use, test and evaluate these new assessment tools.</i></p> <p><i>Regular nurture group sessions take place for targeted pupils</i></p> <p><i>Replace worn and broken equipment Equipment checks through sportsafe and remedial action</i></p> <p><i>Upskill all staff Step Up and step On training</i></p> <p><i>PC to teach ad lead lessons on Tuesday and Fridays – staff to be upskilled through observation.</i></p> <p><i>Monitoring of lessons and work scrutinise to ensure this is being taught well. Evaluation of lessons to see what could be improved.</i></p> | <p><i>Staff meetings</i></p> <p><i>£1749 £300 repairs</i></p> <p><i>£2280 £4560</i></p> | <p><i>Teachers' confidence in delivering PE is seen. Children enjoying a wider range of role models and lessons.</i></p> <p><i>Teacher's delivering effective gymnastics lessons. Wall bars used frequently for high quality lessons.</i></p> <p><i>Children's self-esteem and confidence is boosted in class.</i></p> <p><i>Increased enjoyment and participation</i></p> <p><i>All pupils to participate in healthy cooking activities</i></p> <p><i>The staff at Alpington are able to deal with emergencies involving adults and children in a safe manner.</i></p> | |
| Key Indicator 4: Broaden the range of sports and activities offered to pupils in and out of lessons | | | | |
| School focus | Actions to achieve | Funding/Time allocation | Evidence and Impact | Next Steps and Sustainability |
| <p><i>KS1 plan and new Lower KS2 plan ensure that a range of skills are</i></p> | <p><i>Plan implemented and reviewed by LBe and Pro Coach.</i></p> | | <p><i>Pupil Questionnaire – have they enjoyed these lessons? Has it</i></p> | |

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| <p><i>being taught – this will ensure children are being exposed to a broader range of sports.</i></p> <p><i>Broaden the range of sports offered for extra-curricular clubs in school – this will provide children with greater opportunity to try new sports.</i></p> <p><i>Make use of: UEA Sportspark (climbing & Spring Gymnastics) and Whitlingham (adventure activities and skiing).</i></p> <p><i>Improve pupils' ability and opportunity to be active at break times.</i></p> | <p><i>Involve outside coaches to provide expert classes and clubs – LB to find difference coaches to come into school and teach the children.</i></p> <p><i>KS1 Spring gymnastics Find suitable time for KS2 to go skiing (Age 7+) /Whitlingham</i></p> <p><i>Top up bark under climbing apparatus Repairs to trim trail equipment Buy new equipment.</i></p> | <p><i>£500</i></p> <p><i>Skiing £8pp (1 hour) or £45pp for 6 hours</i></p> <p><i>£1301(bark)</i></p> | <p><i>encouraged them to try new sports outside of school? 0</i></p> <p><i>Children attending these local facilities outside of school hours (Survey to be conducted)</i></p> <p><i>These factors will increase lifelong participation</i></p> <p><i>Fewer first Aid incidents</i></p> | |
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Key Indicator 5: Increased participation in competitive sport

| School focus | Actions to achieve | Funding/Time allocation | Evidence and Impact | Next Steps and Sustainability |
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| <p><i>To continue to support the role of the Cluster Sports Organiser, which will support and maintain children's engagement and participation in competitive sport, working with local schools if the SCCO role is not sustainable during the COVID 19 pandemic.</i></p> <p><i>ProCoach and teachers to provide opportunity for house competitive games in lessons – house points collected for overall winning sports team at the end of the year.</i></p> | <p><i>Attend Cluster Sports Meetings.</i></p> <p><i>Arrange fixtures outside of school hours to minimise disruption and enable staff to supervise.</i></p> <p><i>Transport needed to go to fixtures/events. Results to be given to LB.</i></p> <p><i>Purchase trophies and medals</i></p> | <p><i>£565</i></p> <p><i>£1000</i></p> | <p><i>All children in the school to participate in competitive sports throughout the year.</i></p> <p><i>Overall winning team announced at Leavers assembly in Summer Term.</i></p> <p><i>Increased motivation</i></p> | |

Key Indicator 6: Additional swimming

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| <p><i>To provide additional swimming provision targeted to pupils not able to meet the swimming requirements of the national curriculum.</i></p> | <p><i>To utilise our swimming coach to work alongside staff.</i></p> <p><i>Assessments made by swim coach and given to LBe.</i></p> <p><i>TAs to accompany swimmers</i></p> | <p><i>£550</i></p> <p><i>£240</i></p> | <p><i>All children can swim the National standard of 25m by the end of Y6.</i></p> | |
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