Newsletter 1st May 2026

ALPINGTON & BERGH APTON
Church of England VA Primary School

Matthew 5 v 16

Dear Parents,

Let Every Light Shine

Robins class topic has gone off with a bang this week with the escape of the Gingerbread Man! He has been doing very cheeky things all week, leaving a floury train behind him, including the takeover of my office and the appointment of Arnold as "Deputy Bread!". The children brought in toys from home to help with the hunt and he was finally tracked down this morning. He has promised to be good! It has been brilliant to see the engagement in learning from the children who have come up with some brilliant ideas and done some amazing creative writing.

Writing has been the focus in Kingfishers too, who have been using their knowledge of animals to write their own non fiction books. The level of detail and the fantastic vocabulary really make these shine. Well done everyone.

Mrs Green

Retirement seems to be becoming a bit of a habit around here! Our lovely Mrs Green has decided to retire after half term after more than 30 years of working with our children at Alpington. Mrs Green has worked with 4 Alpington headteachers and literally thousands of children as they have made their way through the school. She has been on countless residential visits, joining in with outward bound activities, sitting outside bedrooms until midnight and hunting for lost wellies. Hundreds of mother's and father's day cards, Christmas card designs and children's works of art are in keepsake boxes and on fridges all over the county. Thank you Mrs Green for all your hard work and dedication over so many years. We will miss you! Enjoy a very well-earned retirement.

We will be having a little TA reshuffle after the holiday to make sure that Kingfishers are not left without an additional adult.

SATS

The year 6 children, Mr Stowers and Mrs Fisher have all been doing a fantastic job of getting ready for the SATS tests which are week beginning 11th May. Year 6 parents should have received a message via Compass with all the things you need to know. If you haven't received it, or you have any questions, please get in touch.

Diary

May 2026		
4th May	ALL DAY	Bank Holiday.
7th May	PM	How Hill Meeting 3.10-3.30pm.
11-14th May	AM-PM	Year 6 SATs Week.
11th May	PM	Yr3/4 Football Tournament – After school.
Every Tuesday	AM	Year 4's swimming Lessons.
18th-20th May	AM-PM	Year 6 Residential How Hill Trip.
W/C 25th May	H/Term	H/Term

Bank Holiday Monday 4th May
Next Half Term 25-29TH May

We politely remind parents to inform us of any changes in your contact details

Contact Details:
Alpington CE VA Primary School,
Wheel Road, Alpington, Norwich NR14 7NH
Tel. 01508 492700
www.alpington.norfolk.sch.uk
office@alpington.norfolk.sch.uk

We are enormously proud of our Eagles. They are full of curiosity and enthusiasm and always up for a challenge. They are a pleasure to teach and to take out and continue to be amazing ambassadors for our school. They let their lights shine brightly every day! I know they will take the tests in their stride as they do everything else.

Summer Colour Run

Friday 3rd July, 4.30pm-7.30pm, Alpington Primary School

We are excited to announce our first ever Colour Run!
This is a lively and colourful experience for children (and adults!) and every participant earns a finisher's medal, making it a feel-good experience they won't forget.
Food and a bar will be available on the night.

Can we ask that you sign up participants ASAP so that we have an idea of numbers. This event is open to siblings, friends and adults, so make sure you get everyone involved.

https://forms.gle/pHKmwchDBEGELz866

Exact run times for each participant will be emailed closer to the event, along with full details of the event—including handy tips like how to wash colour from clothing afterwards.

Sponsor our participants!

Friends and family will also be able to sponsor every participant. We have provided a sponsorship form, and money can be transferred straight across to the Friends bank account (details provided) or sent in as cash to the school office.

Boost our fundraising!

The wonderful team at Winkworth have been kind enough to give £5 to every house willing to have a board outside their house promoting our events.
You don't need to do anything, other than provide your address below. Their team will collect the board after the event.
Please add your details when signing up to the colour run, or add your address to this dedicated form:

https://forms.gle/TRWQExwefF5dnDaT6

FRIENDS of Alpington & Bergh Apton VA Primary School

How Hill
We are really looking forward to our year 5 and 6 residential visits to How Hill. (Year 6 are away 18th – 20th May, Year 5 8th – 10th June).

There will be a short meeting for parents of children in both year groups after school on Thursday 7th May at 3.10, with further details about what to pack, what the children will be up to, how we sort out sleeping arrangements etc. We will also send this information home for those who are unable to attend.

Production
This year we are planning to do "Charlie and the Chocolate Factory" as our end of year production. This will include all the children in KS2, with the main parts as always offered first to children in year 6. We will be holding low key auditions when the year 6 children return from How Hill on Thursday 21st May so that scripts can go out over half term.

Please could you keep in mind that there will be performances on the 8th and 9th July, with the evening performance on the 9th which all the KS2 children will be involved in. I am also hoping to have some after school rehearsals for those children who have the "main parts" after school on the 23rd and 30th June and the 7th July. If you know that your child is not able to make these, please could you let us know in advance so that we can consider our casting options! Thank you.

From "What if?" to "Even if…"

As a child, I would frequently share my worries with my parents, often in the form of "What if…?" questions - *What if I fail? What if no one plays with me? What if something goes wrong?* It's a natural way for children to express uncertainty, but these thoughts can quickly spiral and feel overwhelming.
A simple but powerful shift is to gently guide them from "what if" to "even if."
For example:

- "What if I get it wrong?" becomes, "Even if you get it wrong, you can try again and learn from it."
- "What if no one talks to me?" changes to, "Even if that happens, you can try again another day."

This approach doesn't dismiss their worry- it acknowledges it while also building resilience and problem-solving skills. It helps children see that, even if their fear came true, they would still be okay and able to cope.
By modelling this language, we can support children to feel more confident in facing uncertainties, rather than feeling stuck in them.

Best wishes, Claire Cookson - Pupil and Parent Support Adviser and former "What if-er!"

(psa@alpington.norfolk.sch.uk).

New play equipment sponsored event.

A Huge thank you to everyone who took part! We are totting up the total miles and the total pounds and will let you know how far we have gone!

Events
Please find attached information about all sorts of holiday events including Mr Colbeck's summer sports camp.

Attendance
Attendance this term is 97%. Thank you everyone.

With the warmer weather and fewer bugs around I am really hoping we can get our attendance back on track this term! I will be contacting people individually to try and set some targets where attendance is causing a concern – if there is anything we can do to help, please just let us know.

If you are unsure if your child is fit for school, please feel free to call in for a second opinion!

Thank you.

Best wishes

Rosie Welch and the Alpington Team

Attachments:

- Summer Alpington Summer Camp 2026
- Wymondham Rugby Event Information & Poster
- Tots2Teen May & Summer Brochure
- The Summer Event “Colour Run” Poster and Sponsorship Form (we will print out some for everyone nearer the event also)
- Open Farm Sunday Event Poster for 7th June.