Newsletter 3rd July 2026

ALPINGTON & BERGH APTON
Church of England VA Primary School

"Let every light shine" Matthew 5 v 16

Dear Parents,

Let Every Light Shine

Essential actions:

- Check arrangements for Charlie performances including evening performance on Thursday
- Costumes to school on Monday
- Check payments are up to date
- Check date and time of transition morning

Colour run and Festival – TODAY!

Come and join us for our first ever colour run. There will be food and drink and the ever-popular teddy tombola. Even if you are not taking part in the run itself, please come and cheer on the runners, soak up the atmosphere and enjoy a lovely summer's evening.

Talent Show

I think we are going to have to admit that a talent show this term was an event too far! Owls class did a brilliant job of presenting the idea to Alpington Parliament and we will definitely organize it for the Autumn term when we can give it the time and attention it deserves. Watch out for new plans when we return in September.

Charlie and the Chocolate Factory

We have all had lots of fun rehearsing our production of Charlie and the Chocolate Factory. Well done to all for fantastic learning of lines and poems.

Please could we have costumes in school for a dress rehearsal on Monday. Please leave costumes in school. Children may need to wear a different T-shirt for PE next week if their PE top is part of their costume.

Performances are on Wednesday at 1.45 and Thursday at 1.45 and 6.00. All children in KS2 need to come back to school for the evening

Diary

July 2026		
03/07	PM	COLOUR run event at school.
08/07 &09/07	PM	Performance Days 1.45pm, Thurs 09/07 1.45pm and 6pm.
13/07	AM	Transition Morning
17/07	Pm	2pm Year 6 leavers assembly
17/07	LAST DAY OF TERM.	

Last day of Term Friday 17th July

We politely remind parents to inform us of any changes in your contact details

Contact Details:

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performance. We will send them home in costume after school on Thursday, Please deliver them back to school for 5.45 to Eagles class.

We are not issuing tickets for the performances. There should be plenty of space for anyone who wants to come. Please bear in mind that the Thursday evening performance is likely to be very busy whereas the afternoon performances tend to be quieter. If you have lots of people who would like to watch, please be considerate of others and maybe spread out across the 3 performances!

Sporting events

We are pleased to announce our KS2 sports day winners:
Year 3 – Elliot and Coco
Year 4 – Thomas and Josie
Year 5 – Jacob and Florence
Year 6 – Amy May and Leo

Our overall winners for 2026 are Coco and Thomas.

Well done everyone!

Well done to the year 6 rounders team who won the cluster rounders tournament at Hobart last week. They were noted for their team spirit – they had great tactics and never stopped encouraging each other.

A team from year 5 attended the Tag Rugby festival at Langley on Monday. They learned some great new skills and adults from other schools noticed their fair play and sporting behaviour.

A team from year 3 and 4 took part in the hockey festival, also at Langley, and did a lovely job of representing our school and developing their hockey skills.

Well done all!

End of term and leavers assembly
The last day of term is Friday 17th July. Please send a strong plastic bag to school next week so your child can bring home their books and artwork from this year. We will also be clearing the cloakrooms and attempting to repatriate any lost property! Look out for a table on the playground at the end of the day. Could you also have a ferret about at home for any reading / guided reading books or school sports kit that belong to school and return them. We are particularly missing pairs of lovely yellow socks. Thank you!

Our leavers assembly to send off our fabulous year 6 will be at 2pm on Friday 17th July. If your child is in year 6 please come along and join us.

Transition morning – Monday 13th July
On Monday 13th July, all the children will be spending the morning with their new classes. We will also have our new Robins visiting their class for the first time. The staffing for new classes in September is as follows:

Robins class : Miss Larter, Mrs Johnson and Mrs Chapman
Kingfishers Class : Mrs Eland and Mrs Powter Robinson
Swallows Class : Mrs Chisholm and Mrs Weathers and Mrs Petch
Owls Class : Mrs Lloyd and Mrs Blazer. Mrs Godbold on Fridays.
Eagles Class : Mr Stowers and Mrs Fisher

Mrs Godbold will be working with Owls and Eagles class in the mornings and doing art and nurture activities in the afternoons.

Miss Thompson will be working on Tuesdays, Thursdays and Fridays and will be based across Kingfishers and Swallows classes.

Payments and the end of term
Please could you make sure that all payments are up to date for the end of term, including guitar and breakfast club.

Please could you also check that there are no outstanding balances on school lunches – it will only be one school lunch, but we need to finish the school year with everything balancing. If your child is in year 6 could you try and ensure you don't end up with a balance on your account at the end of the year – pay as you go!

A Thought About Anxiety

If worrying were an Olympic sport, I'm fairly sure I could've won a gold medal!

I started my career as a child, convincing myself that a poisonous spider from Colchester Zoo might somehow travel the 60-plus miles to my bedroom and bite me while I slept. My grandparents even came back from a holiday abroad with a set of "worry beads" for me!

As an adult, I've learnt that anxiety isn't something I need to fight against. Instead, whenever she appears, I try to give my anxious self what she needs - kindness, understanding, and compassion.

If you, or someone you love, is prone to anxious thoughts or feelings, I'd recommend reading or listening to Addicted to Anxiety by Owen O'Kane. It's full of practical strategies, gentle wisdom, and reassuring insight into learning how to befriend your anxious self rather than battle against it.

If you'd prefer to chat, please feel free to get in touch - I'm here to help! Best wishes to you all, Claire - Pupil and Parent Support Advisor (psa@alpington.norfolk.sch.uk)

Swimming and water safety
All the children in KS2 had a water safety session this week, re-enforcing the key messages from the water safety code. You can watch the video below, Key messages were stay with an adult, use the water safety flags at the beach and never go into the water to attempt to rescue someone else. They were shown safe ways of helping someone without enetering the water, including using things that float.
https://vimeo.com/863949936

Raindrop Swimming offers lessons for all ages including SEND lessons. We also run Rookie lifeguard sessions and water safety lessons during the holidays or term time. Email raindropsswimming@gmail.com or telephone 07511884791 for more information.

Attendance
Attendance this term is 97.0%. Thank you everyone, epsecially for your support last week in the hot weather.

If there are days that you anticipate that your child may find tricky, please let us know in advance. We can then help to make arrangements so that they feel comfortable. Children do need to be in school everyday, even if the arrangements to meet individual needs are different. We are also aware that school occasions can be overwheling for some parents, but then there is a worry that their child will be the only one whithout a grown up. Please talk to us! There will be something we can do to make the occasion work for everyone.

Best wishes

Rosie Welch and the Alpington Team

Attachments:

- **Price and Buckland uniform leaflet**
- **Speech and Language private sessions/help**
- **Mr Colbeck's Summer Sports Camp**